

Board of Youth Services
Meeting Agenda
October 4, 2016, 7:00 pm
Whittemore Robbins House

In attendance: Colleen Leger, Kim Cayer, Carlene Newell, Gina Murphy, Hannah Simon, Justine Bloch. Kristen Barnicle, Mary DeCoursey, Joan Axelrod, Maggie Yun and Heather Leet

Directors Report: Colleen Leger

- Jamie Green, Staff Psychiatrist, will conduct a DBT training for Clinicians and hold a DBT skill group
- Project Success:
 - AYCC clinicians in all elementary schools, Ottoson and AHS. New Clinician hired for Ottoson.
- First Step:
 - Domestic violence support group beginning
 - True Story Theater is presenting “Toxic relationships: What to say...or do?” on Thurs. Oct. 13, 7pm Town Hall (2nd floor) in the Lyons Hearing Room 730 Mass. Ave. Interactive program will focus on learning how to support a friend who is in a toxic relationship. True Story Theater will dramatize several scenarios--including of people getting help and helping others.
- Parents Support Group:
 - There will be a confidential support group for parents of teenagers and young adults struggling with substance use beginning on Thursdays from 7-8:30 led by two AYCC licensed clinicians. Most insurance plans accepted though grant funding available for uninsured clients.
- Staffing:
 - Still seeking an Administrative Assistant/Billing Agent to replace Juliet Collins. Position is 28-35 hours/week.
- Funding follow-up:
 - Need to ask Lisa regarding insurance contract with Cigna
 - Joan will check in with Cindy regarding DMH funding
 - Did not obtain Boston Marathon bibs this year, was an extremely competitive pool.

Gala:

- Meeting at Town Hall on Wednesday, 10/19 at 3:30 to review set up and additional details. Eileen Messina, who will provide the catering will attend meeting.
- Signage needed for directing people upstairs to balconies during David’s speech, and check in/check out
- Program for night: Colleen will introduce AYCC and thank everyone for their participation, Joan will briefly introduce her brother, David Axelrod will speak for about 20-30 minutes and then will circulate among the guests.
- Randy will MC the evening again, Colleen will follow up with him especially regarding encouraging the raffle and silent auction items.
- Volunteers and defined roles:
 - Colleen: create and print program

- Mary and Kristin: Auction item solicitation, coordination and tracking. Each Board member is asked to try to solicit an item with a minimum value of \$200. Already many great items secured.
- Joan: Costco Run few days before event
- Set up for Gala on Wednesday, 11/17 beginning at 3:30 at the Town Hall
- If RSVPs appear to be heading towards the max of 375 we will consider hiring a second bartender (set up on other side of main room) and 2nd police detail
- Outreach: Ask Roblyn if she might reach out to all the PTO's in town (Carlene has updated list) to send a press release through school newsletters. Heather will post on the Arlington List. As event nears, Hannah will continue to post on FB and other social media.
- Raffle items: Chrome Book and Fitbit to be raffled. Raffle tickets will be \$20.00/arm's length.
- Invitations: were sent to printer with an RSVP deadline of 11/14. Meeting at AYCC 10/12 at 11:00 to stuff envelopes and address.
- Will still be a "fund-a-service" table for donations

Thanksgiving Food Drive:

- Mary is coordinating again this year. Met with Andie Doane from the Food Pantry and Christine B from the H and HS to try to streamline the food drive effort.
- This year, the schools will be asked to donate by food category (i.e. desserts, sides, breakfast, etc.)
- We will ask that all the food be brought to the food pantry by the coordinator from that school on Friday AM, Nov. 18th.
- No fresh produce will be donated since that is already taken care of by Food Link
- The organizing of the food will take place at the pantry on Friday, 11/18 from 8:00AM- completion
- The distribution will take place only on Saturday, 11/19 from 9:30-3:30
- Joan will look into shopping bag donations but if not, will use paper bags

Upcoming Parent Forums:

10/20- Dr. Ruth Potee, "Under Construction" to be held at 7:00 at Ottoson

Beginning next week, "Guiding Good Choice", Cindy Sheriden will facilitate a 5 week programs for parents to help improve communications with parents whose kids are engaging in substance use and other risky behaviors.

Next Meeting:

11/2/16